



Beeston Primary School

Town Street, Leeds, LS11 8PN

“Engage, Enjoy, Enrich, Excel”

Wednesday 3rd June 2026

Dear Parent/Carer,

As part of the Upper Key Stage 2 PHSE curriculum, we will be delivering a series of statutory lessons under the heading of Relationships Education to Year 5 pupils the week beginning **Monday 29th June 2026**.

These lessons are part of our duty to teach the statutory Relationship and Health Education guidance for Primary Schools and will be delivered to all pupils. Our aims are to encourage children to reflect and understand both the physical and emotional changes that affect them at this time. The lessons will focus on:

- * The way we grow and change throughout the human lifecycle
- * The physical changes associated with puberty
- * Menstruation
- * The impact of puberty on physical hygiene and strategies for managing this
- * How puberty affects emotions
- * How to deal with feelings in the context of relationships
- * Where to seek support and advice when they need it

Lessons will be delivered by class teachers in classes offering optimum ease for discussion in a safe environment. Through circle time, quizzes, videos and discussions, children will engage with the different areas within the topic.

The lessons are statutory but we would like to invite any parents or carers who wish to attend a parent information session where they can find out more about the lesson content and see how you might support the pupils at home. The meeting will take place on Tuesday 9th June at 9:00am. Please contact the school office by 1pm on Monday 8th June if you would like to attend.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that our agreed syllabus (which can all be found on the school website) gives us a secure way to do this.

We hope you, like us, will see the materials as educationally sound and beneficial to our children, helping to safeguard them.

Yours sincerely,

Mrs McAvoy and Mrs Jaques

Headteacher- Mr. N. Edensor

Tel. No: 0113 2716978

Email: mainoffice@beestonprimary.org

www.beestonprimaryschool.co.uk