



Beeston Primary School

Town Street, Leeds, LS11 8PN

"Engage, Enjoy, Enrich, Excel"

Wednesday 17th June 2026

Dear Parent/Carer,

As part of the Lower Key Stage 2 PHSE curriculum, we will be delivering a series of statutory lessons under the heading of Relationships Education to Year 4 pupils the week beginning **Monday 6th July 2026**.

These lessons are part of our duty to teach the statutory Relationship and Health Education guidance for Primary Schools and will be delivered to all pupils. Our aims are to encourage children to reflect and understand both the physical and emotional changes that affect them at this time. The lessons will focus on:

- * The way we grow and change throughout the human lifecycle
- * The physical changes associated with puberty
- * Menstruation (Just for girls in Y4)

Lessons will be delivered by class teachers in classes offering optimum ease for discussion in a safe environment. Through circle time, quizzes, videos and discussions, children will engage with the different areas within the topic.

The lessons are statutory but we would like to invite parents or carers to attend a parent information session where they can find out more about the lesson content and see how you might support the pupils at home. The meeting will take place on **Monday 22nd June at 2:30pm**. Please contact the school office if you would like to attend by Monday 22nd June at 11am.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that our agreed syllabus (which can be found on the school website) gives us a secure way to do this.

We hope you, like us, will see the materials as educationally sound and beneficial to our children, helping to safeguard them.

Yours sincerely

Mrs McAvoy, Miss Atherton and Mrs Wilkinson

Headteacher- Mr. N. Edensor

Tel. No: 0113 2716978

Email: mainoffice@beestonprimary.org

www.beestonprimaryschool.co.uk