



# Beeston Primary School

Town Street, Leeds, LS11 8PN

“Engage, Enjoy, Enrich, Excel”

Dear Parent/Carer,

From Tuesday 5<sup>th</sup> May – Friday 8<sup>th</sup> May, Bikeability will be in school offering free Bikeability Cycle Training for Year 5, which builds safe, confident cycling skills.

## **Riding ability:**

Whether or not your child can ride a bike, they can take part in this training. If your child cannot currently ride, please indicate this on Arbor in the notes section and we will assign them to a tailored Learn to Ride session.

## **Bikes and helmets:**

Children should use their own bike and helmet where possible. We can loan bikes and helmets—simply request this on Arbor.

## **Clothing:**

Training runs in all weather. Your child needs for every session:

- A roadworthy, correctly sized bike (checked on Day 1; unsafe bikes cannot be used)
- A well-fitting helmet (can be provided, if required)
- Warm, waterproof clothing
- Gloves

The teaching will take place on the school playground only. The course is delivered by Cycle North. All instructors are qualified, DBS-checked and insured.

If you are happy for your child to participate in the training, please give your consent under the ‘notices’ section on Arbor. If you do not consent, your child will not take part in the training.

Please also let school know via the notes section if you will be providing a bike and helmet from home. If we do not receive this information, we will assume that you want your child to be provided with a bike and helmet.

By giving school consent, you agree to the following:

- **I have read and understood the letter to parents.**
- **I will check my child’s cycle to ensure it is roadworthy. I authorise instructors from the Cycle North Team to carry out minor adjustments to the cycle.**
- **I accept that Cycle North can refuse to teach my child if their behaviour or ability level is deemed to be unsuitable.**
- **I understand that Cycle North and Beeston Primary will not be liable for any loss or damage to trainees’ cycles and other belongings.**

Headteacher: Mr. N. Edensor

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[www.beestonprimaryschool.co.uk](http://www.beestonprimaryschool.co.uk)

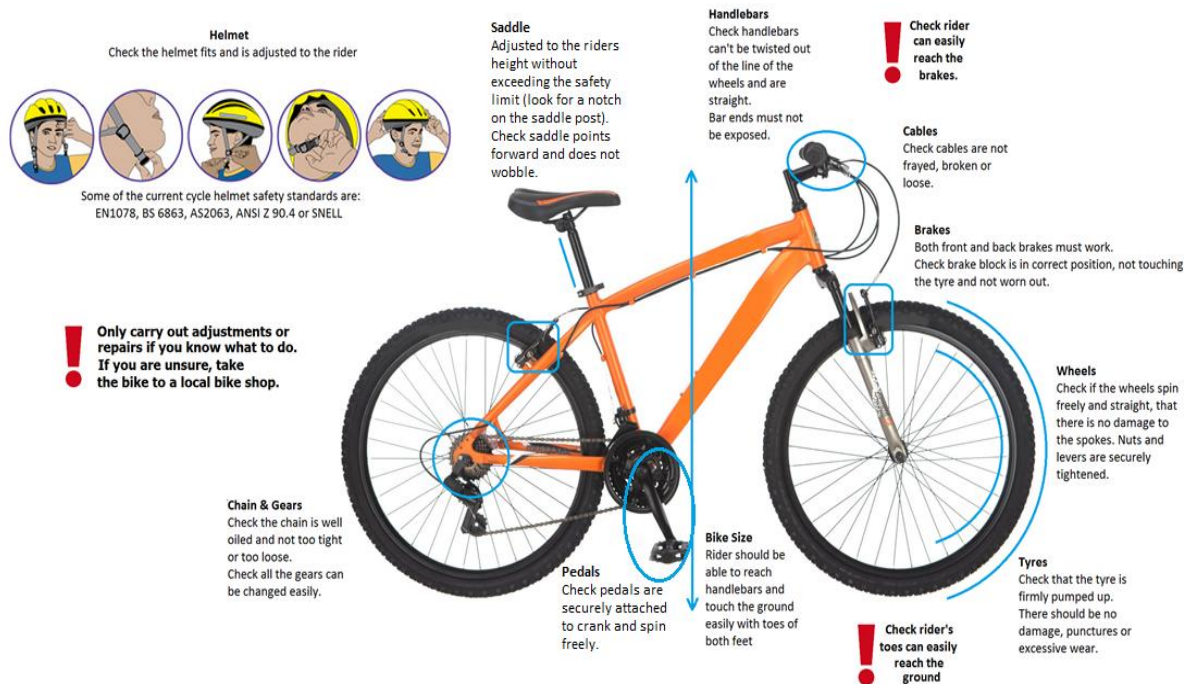
## Is the bike alright to use?

The cycle training can be done on any sort of bike, as long as it is roadworthy and has both a front and back brake. Please check your bike using the checklist below. If in doubt take it to a bike shop and ask them to check it. Our trainers are not mechanics but may be able to make minor adjustments on the day. Unfortunately, if your child arrives with a bike that we do not consider safe to use, your child will not be able to do the training unless you have booked a loan bicycle with us.

## Bicycle Checklist

As a part of the training course, your child's bike will be assessed by an instructor to check if it is in a safe and roadworthy condition.

**Unsafe bikes can not be used on the course.**



Further logistics will be sent out nearer the time about how to drop bikes off and where they will be stored.

Thank you for your co-operation,

Miss Atherton  
Department 3 Leader (Y4, 5 & 6)