



Beeston Primary School

Town Street, Leeds, LS11 8PN

"Engage, Enjoy, Enrich, Excel"

Thursday 23rd October

Dear Parent/Carer,

As part of the Upper Key Stage 2 PHSE curriculum, we will be delivering a series of lessons under the heading of Relationships and Sex Education (RSE) to Year 6 pupils the week beginning **Monday 17th November**.

Our aims are to encourage children to reflect and understand both the physical and emotional changes that affect them at this time. The lessons will focus on:

- * Emotional changes during puberty
- * Physical changes during puberty for boys and girls (including opportunities to discuss sanitary protection)
- * The human life cycle (linked to the National Curriculum Programme of Study)
- * Personal hygiene
- * An awareness of how their bodies work and develop
- * Recognition of relationships/loving environment
- * Conception and contraception

Lessons will be delivered by class teachers in classes offering optimum ease for discussion in a safe environment. Through circle time, quizzes, videos and discussions, children will engage with the different areas within the topic.

We will be holding a PSHE meeting so that there is an opportunity for parents and carers to view the materials in full. The meeting will take place on **Thursday 6th November at 2pm**.

We hope you will agree with us that this work is vitally important for children, that it needs to be done age-appropriately and that our agreed syllabus (which can all be found on the school website) gives us a secure way to do this.

We hope you, like us, will see the materials as educationally sound and beneficial to our children, helping to safeguard them. If you have any more specific concerns in relation to your child, please make an appointment to see Mrs McAvoy (Assistant Headteacher, PHSE Leader) or Miss Atherton (Department 3 Leader) via the school office so we can work together to provide an accessible programme. If you would like to attend the meeting, please call the school office by **Tuesday 4th November**.

Yours sincerely

Mrs McAvoy and Miss Atherton

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www.beestonprimaryschool.co.uk