



## PE Long Term Plan





Sports coach – To lead CPD teaching skills based lessons around year group games. Hunslet Coach – To lead fundamentals of rugby

	Autumn		Spring		Summer	
FS2	Activity Pack 1	Activity pack 2	Freeze, Choose, Invent	Look, Run, Avoid  Sports Coach (FSSD)	Push, Kick, Throw Sports Coach (FSWS)	Explore, Evade, Escape Sports Coach(FSDE)
Y1	Agility, Balance, Co- ordination	Look, Run , Avoid	Hunslet	Look, Run Avoid	Jump, Shape, Create  Sports Coach (LUFC)	Run, Jump, Throw
Y2	Sports Coach (LUFC)	Hunslet	Inspire, Create, Perform		Jump, Shape, Create	Run, Jump, Throw
Y3	Hunslet	Sports Coach (LUFC)	Target, Control, Combine	React, Roll, Retrieve	NFL	NFL

Y4 (Swimming- Fri am)	NFL	NFL	Target, Control, Combine	Hunslet	Sports Coach (LUFC)	Run, Jump, Throw
Y5	Fair, Share, Dare	Move, Solve, Connect	NFL	NFL Sports Coach (LUFC)	Hunslet	Aim, Strike, Retrieve  Sports Coach (LUFC)
Y6	Fair, Share, Dare	Explore, Solve, Challenge	Sports Coach (LUFC)	Lend, Move, Score	Invade, Evade, Capture	Hunslet