

## PARENTAL CONSENT IS ESSENTIAL FOR THIS ACTIVITY

Influencing Travel Behaviour

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#### Dear parent / carer

Date:

#### Please find enclosed:

- A confirmation letter outlining the content of the training day.
- **Consent letters** to be photocopied, given to and returned by pupils prior to our visit.
- Suggested activities / resources for use in the classroom during the training days.

These are as follows:

- 'Road Safety' Suggested Activities Sheet (please note: During the classroom introduction, the trainers will cover the Green Cross Code, safer places to cross and people who help us.)
- > Safer Journeys to School activity sheet.
- > Wizard of Oz worksheet
- > Road Safety Rhymes activity sheet

We look forward to visiting your school, Yours Sincerely

Vicki Franks Team Leader ITB



## Pedestrian Skills Training Year 4

Dear Parent / Guardian

As part of our Road Safety project aimed at injury prevention, we are carrying out pedestrian crossing skills training at your child's school on **Tuesday 17<sup>th</sup> January 2023**.

For your child to take part in this activity you must complete the consent slip at the bottom of this letter and return it to the school. The school will be the data controller for the consent form and retain your information in line with their retention policy. Without this consent, your child will be UNABLE to take part in the training

The training will be carried out by the Influencing Travel Behaviour Staff and will involve identifying safer places to cross and practical road crossing skills using a pedestrian crossing facility. This means that we will be taking the children out to cross local roads in small groups. Children will be fully supervised at all times. Please ensure that your child has suitable clothing and comfortable footwear.

It is important that after the training you talk with your children about what they have learnt and give them the opportunity to show how they can use a pedestrian crossing. In this way they will cement their knowledge and be able to apply it to many different road situations.

The training that we provide **does not** mean that your child is safe to cross the road unaccompanied, it aims to give children an awareness of the things that they need to consider as pedestrians and gives them basic skills that they can practice and improve on with your help when using pedestrian crossing facilities.

If you have any questions regarding any of the above, please contact: ITB Team on 0113 3787306.

Yours Sincerely

Vicki Franks Team Leader ITB



### **Pedestrian Training Consent Form Year 4**

\_\_\_\_\_

I agree to allow my child to take part in pedestrian crossing skills training which will include crossing roads near to the school.

The Influencing Travel Behaviour Team will only record and process anonymised information about your child in order to monitor and evaluate their service.

Signed

All our Trainers are Enhanced DBS checked

Data you have provided will be held and stored in accordance with the General Data Protection Regulation (GDPR) And will not be used for any other purpose.

# **Road Safety**

### Year 4 - Suggested Activities

At this age we recommend that pupils should still cross the road with an adult they know. However, some children may be capable of crossing quiet, minor roads independently.

#### Preparation

- Discuss rules Why do we have rules ? What rules do we have, at home, in school, on the road etc ? Whose benefit are the rules for ? what could be the consequences of breaking the rules ?
- Discuss the Green Cross Code. THINK, STOP, LOOK AND LISTEN.
  - **THINK** about safer places to cross. Don't be in a rush to cross the road.
  - STOP at the kerb
  - LOOK all around for traffic
  - LISTEN for traffic you cannot see
  - Keep looking and listening whilst you cross.
- Discuss safer places to cross the road eg:
  - Where you can see the road and traffic clearly
  - Away from parked cars
  - Zebra crossing
  - Pelican, Puffin, Toucan crossing
  - Traffic island
  - Foot bridge
  - Subway
  - Always remember that you still need to use the Green Cross Code when crossing at these places.
- Discuss places which are less safe to cross the road eg:
  - Near parked cars discuss strategies people can use when they have no option but to cross near parked cars (Do green cross code before stepping off kerb and then at the outside edge of the car see page 8 of the 'Arrive Alive' booklet for further details)
    Blind bends
  - Brow of a hill
  - No pavement at other side of road or obstruction
  - Very fast roads with no crossing places, Dual-carriage ways ,motorway etc
- Discuss people who help us to cross the road example:
  - Family members
  - School crossing patrol
  - Police officer
  - Not a stranger
  - -
- Discuss how what we wear can help us to be seen by drivers, in the day and night (bright colours, fluorescent, reflective).

- Discuss Risk Taking
  - Crossing the road is always a risk because there is traffic on the road Why? Discuss this statement. (Vehicles are generally hard, heavy and travel fast, compared to people. Drivers do not always drive correctly. they may be distracted / not concentrating /not watching the road. Do drivers always indicate?)
  - Choosing safer places to cross and remembering to THINK, STOP, LOOK & LISTEN, makes it a *SMART RISK*.
  - Being in a hurry and therefore not thinking about the road and not practising the Green Cross Code, wanting to beat others across or blindly following others, using mobile phones or wearing hoods when crossing that effect our ability to hear or see clearly, these can all be **STUPID RISKS**.
  - STUPID RISKS can get you killed.
  - We all take risks every day, but we need to make sure that they are SMART RISKS.
- What things might affect our decisions on taking risks?
  - Our friends
  - Bullying
  - Rushing etc

Discuss these issues - Are they worth risking your life?

• Who is responsible for your safety? **YOURSELF!!** – Parents, teachers, police etc can all help but are not always around. Drivers have a responsibility to drive safely but cannot always be depended upon.

### You need to **THINK FOR YOURSELF**

#### **Further Activities**

- Think about other risks we take in life (not just about road safety). How can we make these *SMART RISKS*? What would make them *STUPID RISKS*?
- Design a Green Cross Code poster
- Design a Road Safety Poster about the Green Cross Code without using text, therefore passing on the message to younger children or people who are unable to read.
- Design a Green Cross Code leaflet
- Design an outfit for pedestrians to wear when it is dark
- Prepare an assembly on Road Safety for another year group

#### **Resources**

- Work sheets.
- Posters.
- Road Safety Activity book 1 and 2
- Wizard of Oz worksheet

## **Safer Journeys to School**

#### **Preparation**

Ask pupils to think about their journey to school:

- > Do they walk, come by car or by bus?
- Who do they come to school with?
- > What route do they take?
- Do they have to cross any roads?
- What do they pass on the way to school?
- > Who do they see on the way to school?
- > Are there any dangers on their route to school? Etc

## Activity

- Ask pupils to draw the area surrounding their house and school and then to draw their route to school. Draw and label things that they pass, roads that they have to cross etc.
- Ask them to identify any dangers on their picture. Are there any parts of their journey that they do not like? Why?
- > Can they identify places they pass and crossing points that they feel are quite safe?
- Discuss the pupil's pictures. Are there any similarities? Do pupils identify the same dangers? How can these dangers be addressed?

#### Follow-up Activity 1

- > Photocopy a map of the local area and give a copy to each pupil.
- > Can pupils identify the school and their house?
- Ask them to highlight their route to school on the map. How does this compare with the map that they drew?
- > Ask them to circle the danger areas on the new map.
- Is the route that they take to school the safest or can they identify a safer route? Ask them to take the map home and discuss safer routes with their parents/guardians.
- After discussing possible routes with their parents/ guardians, how many pupils identified a safer route to school than the one that they would normally take? How many pupils felt that their usual route was the safest way to get to school?

#### Follow-up Activity 2

- Ask pupils to imagine that they are road designers and then ask them to design a safe route from their house to school. They can include different types of road crossing e.g. Pelican crossing, Zebra crossing, Footbridges etc, to make their journey as safe as possible.
- > Ask pupils to discuss their pictures with the rest of the class.





Once upon a time there was a place called Oz. This was the home of a magical Wizard who could grant wishes. One day a young girl called Dorothy and her dog, Toto, got lost on their way home. They decided to go to the Wizard and wish to be safely back at home. That day there was also three other people going to see the Wizard, a Scarecrow, who wanted to wish for a brain, a Lion who wanted some courage and a Tin man who wanted a heart. A Wicked Witch found out that they were all going to Oz and wanted to stop them getting their wishes. If she could get to oz first, she could put a spell on the Wizard and take away all his power before he could grant the wishes.... **Illustrate the following story by drawing pictures in the boxes** 

Dorothy needs to get to Oz, but she has to cross the road to get there.	Dorothy and Toto walk down the pavement until they find somewhere safe to cross.	The Tin Man finds another safe place to cross.	The Lion finds somewhere safe to cross.	When the Scarecrow finds somewhere safe to cross, it is dark. He makes sure the traffic can see him in the dark
The wicked Witch wants to get to Oz first. She is in a hurry and chooses an unsafe place to cross the road.	The Wicked Witch gets run over by a car.	An ambulance comes to take her to hospital.	Dorothy and her friends get safely to Oz.	The Wizard grants them their wishes.

## **Road Safety Rhymes**

#### <u>Activity</u>

Pupils are asked to create a Road Safety Poem, Rhyme, Song or Rap.

Examples of the 'THINK! Road Safety' campaign songs are detailed below:

## Stayin' Alive

#### (Intro)

Well you can tell by the way I cross the road That I've learnt all my green cross code Find a place where you can see And then you can cross easily And now it's alright It's OK Make sure you have looked both ways And when it's clear, nothing's to fear When you use your eyes and ears Whether it's the country Or whether it's the city You're staying alive Staying alive Whenever you're a crossin' Just stop, look and listen And we're staying alive Staying alive Ah ah ah ah staying ali-i-i-i-ve

## **Glow in the Dark**

Especially in the night-time It'll be the right time To be staying alive Staying alive If you're out at night Make sure you are bright And we're staying alive Staying Alive Ah ah ah staying ali-i-i-i-ve

## King of the Road

Take care out on the street, Use your head, And then your feet. Don't run out like a fool Take your time And play it cool. If you don't stay alert You could end up getting hurt You've gotta stop And think, then you'll be.... King of the road.