

## **Beeston Primary School**

Town Street, Leeds, LS11 8PN "Engage, Enjoy, Enrich, Excel"



8th November 2022

Dear Parents/Carers,

Once again, we will be taking part in Anti-Bullying Week from Monday 14th to Friday 18th November.

This year the theme is 'Reach Out', which aims to empower children to counter the harm and hurt that bullying causes and think about the importance of friendship, kindness and respect towards all our school community.

During the week, we will explore with the children what bullying is and reiterate that bullying is several times on purpose and not just a one off incident. Children will learn that whether it is verbal, physical, online or inperson, bullying has a significant impact on emotional wellbeing and by making small, simple changes, we can break this cycle.

In class we will learn about what bullying is, different types of bullying and what to do if you think you or someone else is being bullied. We will also discuss how to be kind and what acts of kindness children can do for each other.

To show our support for Anti-Bullying Week and celebrate what makes us all different, on **Monday 14th November we are holding an 'Odd Socks Day'.** To take part, all children have to do is wear odd socks or fancy tights to school with their usual school uniform. This is a fun opportunity for children to express themselves and appreciate individuality and uniqueness.

Also, during this week, as a school we will be revisiting our Anti-Bully Charter. Our Anti-Bullying Charter is our promise to each other to report any forms of bullying, to be kind and friendly and make our school a happy and safe place to learn.

Please visit our Facebook page and school website as we will be uploading information and advice for both children and parents.

If you have any concerns about your child's emotional wellbeing, please inform the school as soon as possible as working together we can ensure all children feel safe, happy and valued.

Thank you for your continued support.

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Mrs S Knowles Pastoral Leader/Designated Safeguarding Lead

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