



Beeston Primary School

Town Street, Leeds, LS11 8PN

“Engage, Enjoy, Enrich, Excel”



30th June 2022

Dear Parent/Carer,

I would like to take this opportunity to up-date you on Government advice around Covid-19 and living with a respiratory infection.

On the 10th June, the Government updated their advice, due to an increase in positive Covid-19 cases, following the Queen's Jubilee Celebrations and additional bank holidays where an increased amount of people mixed in different households and within their wider community.

The advice that school has been following still stands...

Children and young people (aged 18 years and under) who have symptoms of a respiratory infection, including COVID-19

Respiratory infections are common in children and young people, particularly during the winter months. Symptoms can be caused by several respiratory infections including the common cold, COVID-19 and RSV.

For most children and young people, these illnesses will not be serious, and they will soon recover following rest and plenty of fluids.

Very few children and young people with respiratory infections become seriously unwell. This is also true for children and young people with long-term conditions. Some children under 2, especially those born prematurely or with a heart condition, can be more seriously unwell from [RSV](#).

Attending education is hugely important for children and young people's health and their future.

Children and young people with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting.

*Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people, where they can. **They can go back to school, college or childcare, and resume normal activities when they no longer have a high temperature and they are well enough to attend.***

Government advice issued in April is that parents should not test their children unless they have been advised to test by a medical professional. If you have been advised to test by a GP or 111 then please follow the updated advice below...

It is not recommended that children and young people are tested for COVID-19 unless directed to by a health professional.

If a child or young person has a positive COVID-19 test result they should try to stay at home and avoid contact with other people for 3 days after the day they took the test, if they can. After 3 days, if they feel

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well and do not have a high temperature, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults.

Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.

All of the above advice can be found on the following link which has been recently updated on the 10th June 2022.

<https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19#Children>

Yours sincerely,

Sean Nicholson
Deputy Headteacher

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